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When we grow in wisdom, we often do so by going within to the darkness of our inner depths. Sophia is the Star who guides us and protects us on this journey.

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One of the wisdoms that we come to as we go inward is the recognition of how closely connected we are to the whole earth. Sophia bonds us to all of life.

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As we grow older, Sophia takes us inside to places where we would rather not go. She urges us to let go of old, worn-out beliefs that stifle our growth.

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Deep within us there are leftover hurts and memories etched with sharp edges of pain. Sophia companions us toward wholeness in a slowly evolving process

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A storehouse of memories dwells inside the wonder of who we are. Sophia smiles upon us and blesses us with joy and hope as we reflect and gather strength from these memories.

Chapter Six: The Open Window ∽77

When Sophia gifts us with truth, she keeps drawing us to the open window of life, where we can fly freely and accept more of the truth of who we truly are.

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Sophia encourages us to continue in pursuit of her treasures and to believe in the power of the Star dwelling within one's very self.

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