

## BOOK ANNOUNCEMENT

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## 'SPIRITUAL WILL' AN EXPRESSION OF VALUES AND INTENTIONS TO SHARE WITH FAMILY

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**NOTRE DAME, Ind.**—In the first book of its kind specifically for Catholics, theologian, spiritual director, and social worker Sr. Mary Petrosky, F.M.M., shows how a spiritual will—a document that outlines values, intentions, and hopes for the future—can help readers focus on what's most important in life. It will be something special to share with loved ones.

*The Journey Never Ends* is a useful tool for creating the kind of life the reader wants to live now in order to positively impact the world.

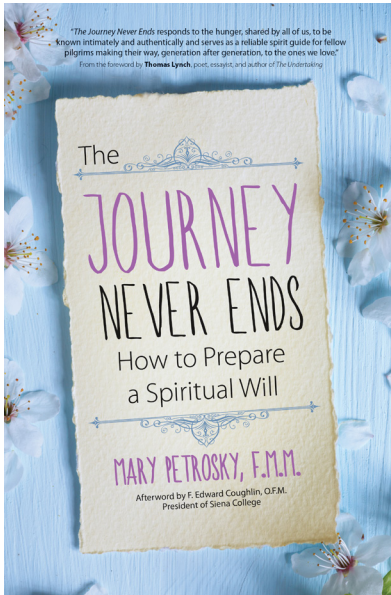
Petrosky has helped people on three continents find joy and meaning in their lives and purpose and understanding in their deaths through her work. Able to communicate theological ideas in everyday language, she organizes spiritual will-making around a theology of remembering, taking as her inspiration the words of Jesus: "Do this in remembrance of me." She provides a variety of sample wills to illustrate various approaches. In the final chapter of the book, Petrosky guides readers to write their own spiritual will with simple, clear, inspirational prompts and examples. Following the teachings of St. Francis of Assisi, who lived life with joy and welcomed his death with openness and optimism, Petrosky guides readers in how to best appreciate the art of living—and the way of dying.

## ABOUT THE AUTHOR

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Sr. Mary Petrosky, F.M.M., is a psychiatric social worker and a spiritual director who has served her religious order—the Franciscan Missionaries of Mary—in the United States, Australia, and Papua New Guinea.

Petrosky has worked in family and child care in New York City and in Sydney, Australia. She has been at Holy Name of Jesus Convent in New York City, where she has been involved in spiritual direction and pastoral work, since 2003. She also serves in bereavement ministry at Holy Name of Jesus Catholic Church.



**The Journey Never Ends**  
*How to Prepare a Spiritual Will*  
By **Mary Petrosky, F.M.M.**  
ISBN: 978-1-59471-805-2  
96 pages • \$9.95  
Catholicism  
Also available as an eBook.

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*"We have all been told to give away our lives, but few tell us how to give away our deaths just as generously. What a courageous and life-affirming idea! Mary Petrosky is your good guide here and in ways that you perhaps never imagined."*

**REV. RICHARD ROHR, O.F.M.**  
Author of *Falling Upward*

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*"This is a small spiritual oasis amid the expansive modern secular desert. This book will help you not to miss what could be the heart of the remainder of your life, and to become more keenly aware of the particular gift you are to others."*

**ROBERT J. WICKS**  
Author of *Riding the Dragon*

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