Contents

Prefacev	ii
Program Overview	κi
1. Welcoming and Accepting: The Grace and Call of Baptism	1
2. Being Fully Present: The Grace of Confirmation2	3
3. Giving Oneself Completely: The Grace of the Eucharist4	9
4. Forgiving: The Grace of Reconciliation7	'1
5. Healing: The Grace of the Anointing of the Sick9	3
6. Serving: The Grace of Marriage and of Holy Orders11	3
Afterword	5
Notes	7