

DAY ONE

MY DAY BEGINS

My dear friend in the Spirit,
up until now
you have lived a good but ordinary Christian life,
not very different from your friends.

But apparently
God is calling you to something more.
Because of the love in his heart,
which he has had for you
from the moment of your creation,
he is not going to leave you alone,
not about to let you off so easily.
You are beginning to experience in a special way
God's everlasting love,
through which you were brought out of nothingness
and redeemed at the price of his blood.

*You can no longer be content
to live at a distance from God.*

In his great grace
he has kindled a desire in your heart
to be more closely united to him.

He is leading you to himself
on a loving leash of longing
for a more perfect life.

I pray for you, and I beseech you
to pay very close attention
to the special call which you are hearing.

Thank God from your heart,
so that through his grace
you may stand firm
in the special manner of life
that you are deliberately undertaking,
in spite of the subtle attacks
of your worldly and spiritual enemies
who would dissuade you from
seeking the crown of life that will last forever.

ALL THROUGH THE DAY

Bind me to you
with a loving leash of longing.

MY DAY IS ENDING

Here alone with you,
in the gathering darkness of this night,

let me recover from the subtle attacks
of all my worldly and spiritual enemies.

Trusting in your forgiveness
let me put behind me,
in a cloud of forgetting,
every trace of indifference
to the love you have this day offered me.

Let me no longer be content
to live at a distance from you.

In your great grace
kindle a desire in my heart
to be more closely united to you.

Fasten me to you with
a loving leash of longing
for a more perfect life.