Contents

Foreword by Mike Aquilina	ix
Preface	xi
Introduction: The Two Childhoods of Thérèse of Lisieux	1
1. The Little Way of <i>Hiddenness</i>	17
2. The Little Way of <i>Gratitude</i>	29
3. The Little Way of <i>Trust in Divine Mercy</i>	37
4. The Little Way of Sacramental Life	45
5. The Little Way of Abandonment to Divine Providence	57
6. The Little Way of Experiencing Friendship with God and Others	65
7. The Little Way of <i>Renunciation</i>	75
8. The Little Way of <i>Unceasing</i> , World-Redeeming Prayer	85
9. The Little Way of <i>Simplicity</i>	93

10. The Little Way of <i>Freedom</i>	103
11. The Little Way of Purgation, Illumination, and Union	111
12. The Little Way of Living in, with, and through the Lord in a Mystical Martyrdom of Love	121
Afterword	129
Appendix: Thérèse in Her Own Words	131
Notes	139
For Further Reading	143