

Contents

Preface **ix**

Acknowledgments **xi**

1. Every Day with Jesus 1

2. Honoring the Saints 11

3. Daily Repentance 19

4. Taking the Word to Heart 25

5. Frequent Intercession 33

6. Offering Ourselves to God 41

7. Offering the Eternal Sacrifice 49

8. Our Daily Bread 57

9. Equipped for the Day's Service 65

Afterword **73**

Appendix I: Prayers before Mass **75**

Appendix II: Prayers after Mass **85**

Appendix III: The General Roman Calendar Adapted for the
United States of America **93**

Appendix IV: Holy Days of Obligation in the United States of
America **103**

Appendix V: Liturgical Feasts of Mary **105**

Resources **107**

Notes **109**