

Contents

Introduction.....	vii
ONE Praying Spontaneously.....	1
TWO Praying from Memory.....	21
THREE Praying with Scripture.....	33
FOUR Praying with Song.....	53
FIVE Praying with Silence.....	67
SIX Praying with Reflection.....	85
SEVEN Praying with the Apostleship of Prayer.....	101
Afterword.....	123
Acknowledgments.....	127
Appendix: A Treasury of Memorized Prayers.....	131
Notes.....	137