# Contents



Foreword by Diana von Glahn xi
Acknowledgments xv
Introduction xvii

Day One:
Bethany Beyond the Jordan –
The Knot of Injustice 1

**Day Two:**Wall of Bethlehem –
The Knot of Separation 13

Day Three: Grotto of the Nativity – The Knot of Confusion 25

Day Four: Mount of Olives – The Knot of Hopelessness 37

#### Day Five:

Basilica of the Holy Sepulchre – The Knots of Grief and Loss 51

#### Day Six:

Western Wall – The Knot of Discord 65

## Day Seven:

Yad Vashem, Mount of Remembrance – The Knot of Betrayal 77

## Day Eight:

Temple Mount – The Knots of Envy and Pride 93

#### Day Nine:

The Cenacle – The Knot of Affliction 105

Conclusion 117

## Appendix 1:

On the Origin of Our Lady, Undoer of Knots 121

#### Appendix 2:

How to Pray the Rosary 125

Notes 131