Contents

A Little Story ix

- Blessed Is She Who Believed
 Setting the Stage for the Magnificat 1
- 2. *And Mary Said . . .*Declaring Your Identity in the Spirit **19**
- For He Has Regarded the Low Estate of His Handmaiden How God Exalts the Humble 39
- 4. *He...Has Done Great Things for Me*Confessing His Blessings Upon Your Life **57**
- His Mercy Is on Those Who Fear Him Daring to Approach God's Mercy Seat 73
- 6. *He Has Shown Strength with His Arm* God's Power in Human Weakness **89**
- 7. He Has Put Down . . . and Exalted Seeing the Hand of God at Work in Every Circumstance 105
- 8. *He Has Filled the Hungry* God's Heart for the Empty-Handed **119**
- 9. *He Has Helped His Servant Israel*Remembering God's Merciful Gaze **141**
- 10. *As He Spoke to Our Fathers* Allowing the Word to Come Alive in Us **157**

Notes 172